

# CONFIDENTIAL PATIENT CASE HISTORY HOGAN CHIROPRACTIC SERVICES

Dear Patient: Please complete both sides of this questionnaire. Your answers will help us determine if chiropractic can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. DR WAYNE HOGAN

NAME: \_\_\_\_\_ PHONE \_\_\_\_\_ CELL \_\_\_\_\_ EMAIL \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ DATE \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_ NO. OF CHILDREN: \_\_\_\_\_  
OCCUPATION: \_\_\_\_\_ SOCIAL SECURITY NUMBER: \_\_\_\_\_  
WHO IS RESPONSIBLE FOR THIS ACCOUNT? \_\_\_\_\_ REFERRED BY: \_\_\_\_\_

Please check the appropriate box for any of the following symptoms which you now have or have had previously.

N = NEVER (Check one)  
O = OCCASIONAL  
F = FREQUENT  
C = CONSTANT

THIS IS A CONFIDENTIAL HEALTH REPORT.

## N O F C GENERAL

Allergy  
Chills  
Convulsions  
Dizziness  
Fainting  
Fatigue  
Fever  
Headache  
Loss Of Sleep  
Loss Of Weight  
Nervousness/Depression  
Neuralgia  
Numbness  
Sweats  
Tremors

## N O F C MUSCLES & JOINTS

Arthritis  
Bursitis  
Foot Trouble  
Hernia  
Low Back Pain Lumbago  
Neck Pain or Stiffness  
Temporomandibular Joint  
Pain Between Shoulders

## N O F C Pain Or Numbness In:

Shoulders  
Arms  
Elbows  
Hands  
Hips  
Legs  
Knees  
Feet  
Painful Tail Bone  
Poor Posture  
Sciatica  
Spinal Curvature Swollen  
Joints

## N O F C GASTRO-INTESTINAL

Belching Or Gas  
Colitis  
Colon Trouble  
Constipation  
Diarrhea  
Difficult Digestion  
Distension Of Abdomen  
Excessive Hunger  
Gall Bladder Trouble  
Hemorrhoids  
Intestinal Worms  
Jaundice  
Liver Trouble  
Nausea  
Pain Over Stomach  
Poor Appetite  
Vomiting  
Vomiting Of Blood

## N O F C EYES, EARS, NOSE, & THROAT

Asthma  
Colds  
Crossed Eyes  
Deafness  
Dental Decay  
Earache  
Ear Discharge  
Ear Noise  
Enlarged Glands  
Enlarged Thyroid  
Eye Pain  
Failing Vision  
Far-Sightedness  
Nosebleeds  
Sinus Infection  
Sore Throat  
Tonsillitis

## N O F C CARDIO -VASCULAR

Hardening Of The Arteries  
High Blood Pressure  
Low Blood Pressure  
Pain Over Heart  
Poor Circulation  
Rapid Heart Beat  
Slow Heart Beat  
Swelling Of Ankles

## N O F C RESPIRATORY

Chest Pain  
Chronic Cough  
Difficult Breathing  
Spitting Up Blood  
Spitting Up Phlegm  
Wheezing

## N O F C SKIN

Boils  
Bruise Easily  
Dryness  
Hives Or Allergy  
Itching  
Skin Eruptions (rash)  
Varicose Veins

## N O F C GENITO-URINARY

Bed-Wetting  
Blood In Urine  
Frequent Urination  
Inability To Control Kidneys  
Kidney Infection Or Stones  
Painful Urination  
Prostate Trouble

## N O F C FOR WOMEN ONLY

Congested Breasts  
Cramps Or Backache  
Excessive Menstrual Flow  
Hot Flashes  
Irregular Cycle  
Lumps In Breast  
Menopausal Symptoms  
Painful Menstruation  
Vaginal Discharge

Yes No: Are You Pregnant?

## CHECK THE FOLLOWING CONDITIONS YOU HAVE HAD:

Alcoholism	Cold Sores	Goiter	Miscarriage	Scarlet Fever
Anemia	Diabetes	Gout	Multiple Sclerosis	Stroke
Appendicitis	Diphtheria	Heart Disease	Mumps	Tuberculosis
Arteriosclerosis	Eczema	Influenza	Pleurisy	Typhoid Fever
Arthritis	Emphysema	Lumbago	Pneumonia	Ulcers
Cancer	Epilepsy	Malaria	Polio	Venereal Disease
Chorea	Fever blisters	Measles	Rheumatic Fever	Whooping Cough

Have you ever had previous Chiropractic care? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, date of last care: \_\_\_\_\_

Do you have Health and Accident Insurance? YES \_\_\_\_\_ NO \_\_\_\_\_ If yes, Practitioner Name: \_\_\_\_\_

Is this an Industrial Accident Case? YES \_\_\_\_\_ NO \_\_\_\_\_

# Confidential Patient Case History      Hogan Chiropractic Services      2

What is your major complaint? \_\_\_\_\_

Other Complaints? \_\_\_\_\_

How Long Have You Had This Condition? \_\_\_\_\_ Have You Had This Or Similar Conditions In The Past? \_\_\_\_\_

What Activities Aggravate Your Condition? \_\_\_\_\_

Is This Condition Getting Progressively Worse?    Yes    No    Constant    Comes And Goes

Is This Condition Interfering With Your :    Work    Sleep    Daily Routine    Other \_\_\_\_\_

How Long Has It Been Since You Really Felt Good? \_\_\_\_\_

What Do You Believe Is Wrong With You? \_\_\_\_\_

List Surgical Operations And Years: \_\_\_\_\_

Drugs You Now Take:    Nerve Pills    Pain Killers    Muscle Relaxers    Tranquilizers    Insulin    Birth Control Pills    Other \_\_\_\_\_

Dental Visits:    Every Six Months    Yearly    Toothache or "Emergency" Only    Complete Dentures

Age Of Mattress: \_\_\_\_\_ Comfortable    Uncomfortable — Do You Have A Bed Board? \_\_\_\_\_

Are You Wearing:    Heel Lifts    Sole Lifts    Inner Soles    Arch Supports

Have You Been In An Automobile Accident?    Past Year    Past 5 Years    Over 5 Years    Never

Describe: \_\_\_\_\_

Have You Had Any Other Personal Injury Or Accident? (Broken Bones, Sit Down Falls, Head Injuries -Think back to your childhood)

Past Year    Past 5 Years    Over 5 Years    Never

\*Describe: \_\_\_\_\_

Have You Ever Had Any Mental Or Emotional Disorders?    Yes    No    \*When? \_\_\_\_\_

Have Others In Your Family Had Such Disorders?    Yes    No    \*When? \_\_\_\_\_

\*To allow you more space for the above 3 answers, they will continue at the bottom of the next page.

**FAMILY HEALTH INFORMATION.** (Many Health Problems Are The Result Of Heredetary Spinal Weaknesses; Thus Information About Your Family Members Will Give Us A Better Understanding Of Your Total Health Picture.)

NAME	RELATION	PAST AND PRESENT HEALTH PROBLEMS

HAVE YOU EVER:

Been Knocked Unconscious?    Yes    No

Used A Cane, Crutch, Or Other Support?    Yes    No

Been Treated For A Spine Or Nervous Disorder?    Yes    No

Had A Fractured Bone?    Yes    No

Been Hospitalized For Other Than Surgery?    Yes    No

DESCRIBE BRIEFLY

DO YOU:

Now Take Vitamins Or Minerals?    Yes    No

Think You May Need Vitamins Or Minerals?    Yes    No

Have An Allergy To Any Drug?    Yes    No

DATE OF LAST:

Spinal Examination    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Physical Examination    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Blood Test    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Chest X-Ray    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Spinal X-Ray    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Dental X-Ray    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

Urine Test    Less Than 6 Mo.    6-18 Mo.    Over 18 Mo.    Never

HABITS

• Alcohol    Heavy    Moderate    Light    None  
 • Tobacco    Heavy    Moderate    Light    None  
 • Exercise    Heavy    Moderate    Light    None  
 • Appetite    Heavy    Moderate    Light    None

• Coffee    Heavy    Moderate    Light    None  
 • Drugs    Heavy    Moderate    Light    None  
 • Sleep    Heavy    Moderate    Light    None

In Case Of Emergency: (Name of relative or close friend not living in your home) Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Please use this additional space for any other significant information  
you may feel is important for us to know.**

**\*\*Additional Room from Answers on Previous Page Continued Here.**

Have you had any other personal injury or accident? Broken bones, sit down falls, head injuries - think back to your childhood.

Have you ever had any mental or emotional disorders?

Have others in your family had such disorders?



# SUBSTANCE SURVEY FORM

**Wayne A. Hogan D.C.**  
**P.O. Box 591**  
**Mechanicville, NY 12118**  
**(518) 664-5281**  
**Fax (518) 664-2106**

NAME \_\_\_\_\_

DATE \_\_\_\_\_

**Please list any prescription medications you are taking:**

### Medications

### Diagnosis

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**Please list any over-the-counter medications you use:**

### Medications

### Symptom

Frequency

( Occasional, Often, Daily)


(Additional space is provided on the next page for medications.)

Please list any vitamins, supplements, herbs, or homeopathic remedies ( Use other side if necessary)

## Supplement

### Amount Taken Daily

How long taken

[illegible]

Do you use:	Amount Per Day
1. Marijuana	
2. Cocaine	
3. Heroin	
4. Crack Cocaine	
5. Ecstasy	
6. Amphetamines	
7. Alcohol	
8. Nicotine	
9. Prescription Drugs	
10. Other	

Coffee \_\_\_\_\_

Tea \_\_\_\_\_

Soft Drinks \_\_\_\_\_

Candy \_\_\_\_\_

Cigarettes \_\_\_\_\_

Alcohol \_\_\_\_\_

Antacids \_\_\_\_\_

Other Tobacco Products\_\_\_\_\_

How many desserts do you have in an average week: \_\_\_\_\_

Please list any over-the-counter medications you use:

[illegible]

## QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name \_\_\_\_\_

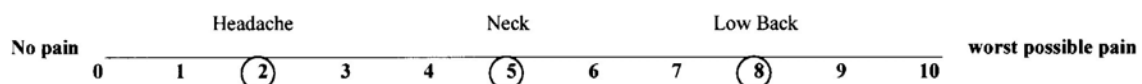
Date \_\_\_\_\_

**Please read carefully:**

**Instructions:** Please choose the number that best describes the question being asked.

**Note:** If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

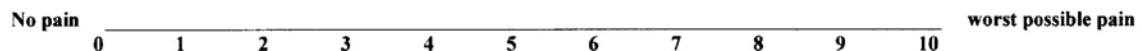
**Example:**



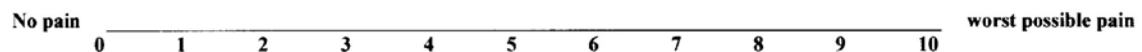
**1 – What is your pain RIGHT NOW?**



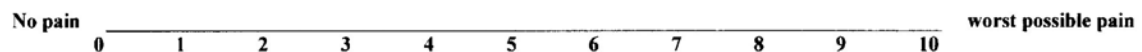
**2 – What is your TYPICAL or AVERAGE pain?**



**3 – What is your pain level AT ITS BEST (How close to “0” does your pain get at its best)?**



**4 – What is your pain level AT ITS WORST (How close to “10” does your pain get at its worst)?**



**OTHER COMMENTS:**

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Examiner \_\_\_\_\_

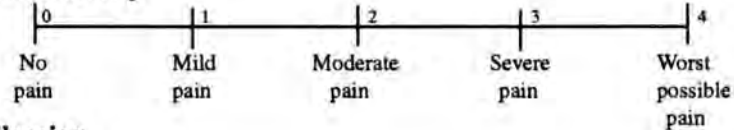
Reprinted from *Spine*, 18, Von Korff M, Deyo RA, Cherkin D, Barlow SF, Back pain in primary care: Outcomes at 1 year, 855-862, 1993, with permission from Elsevier Science.

# Functional Rating Index

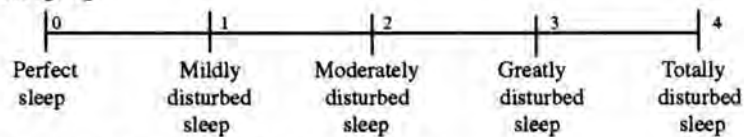
For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

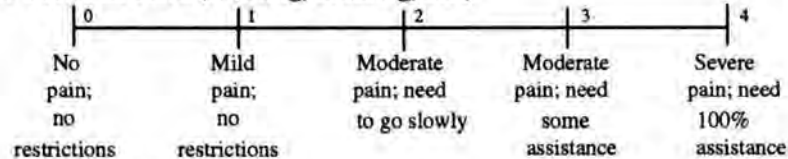
## 1. Pain Intensity



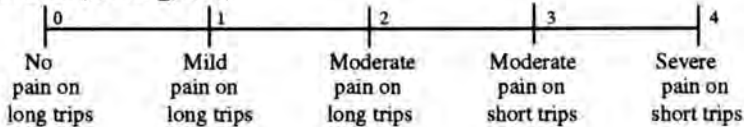
## 2. Sleeping



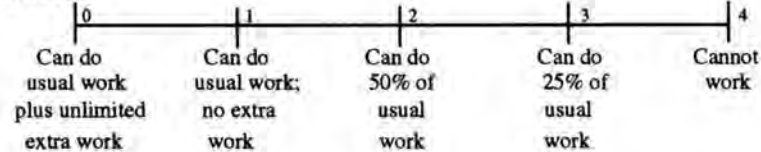
## 3. Personal Care (washing, dressing, etc.)



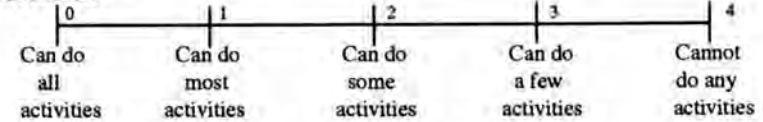
## 4. Travel (driving, etc.)



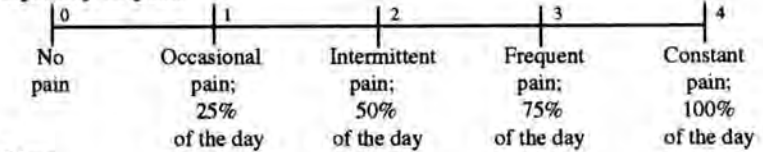
## 5. Work



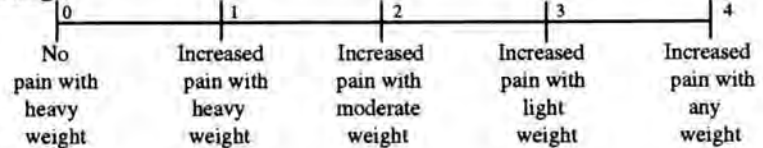
## 6. Recreation



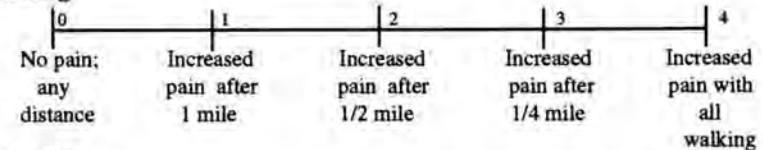
## 7. Frequency of pain



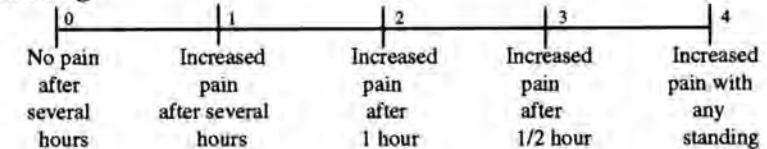
## 8. Lifting



## 9. Walking



## 10. Standing



Name \_\_\_\_\_

PRINTED

\*\*

Signature

Date

Total Score \_\_\_\_\_

\*\*You specifically agree that any electronic signatures that you provide through this online process are valid and enforceable as your legal signature acknowledge that these electronic signatures will legally bind you to the terms and conditions cont in the related documents just as if you had physically signed the same documents with a pen.



## **Hogan Chiropractic Services**

### **2018 Appointment Cancellation Policy Agreement:**

**Hogan Chiropractic Services** is committed to providing all patients with exceptional care. When a patient cancels without giving enough notice, they prevent another patient from being seen.

**Please call us at (518) 664-5281 by 2:00 p.m. on the day prior to your scheduled appointment** to notify us of any changes or cancellations. **To cancel a Monday appointment, please call our office by 2:00 p.m. on Friday prior.** If prior notification is not given, you will be charged\* in full for the missed appointment.

All accounts must be **paid in full** prior to any future visits.

**New Patient appointment** changes or cancellations must be done 7 days prior to your new patient scheduled appointment. If prior notification is not given you will be \*\*\*charged in full\*\*\* for your missed appointment.

Please sign below to consent to these terms.

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Client Signature\*\*

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(Client's Parent/Guardian if under 18)\*\*

\*\*\*Only in Emergency circumstances will this fee be waived and at our discretion.\*\*\*

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# HOGAN CHIROPRACTIC SERVICES

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## ***OUR FINANCIAL POLICY***

We are committed to providing you with the best possible care, and we are pleased to discuss our professional fees with you at any time. Your clear understanding of our Financial Policy is important to our professional relationship. Please ask if you have any questions about our fees, Financial Policy, and your responsibilities.

Full payment is expected at the time of service, unless prior arrangements have been made. We will accept a check, cash or credit card.

### ***UNACCOMPANIED MINORS***

The parents (or guardians) are responsible for payment at the time of service.

### ***REGARDING INSURANCE***

If you have insurance, we will do our best to help you receive your maximum benefits.

With the focus in our practice changing to wellness and prevention, we have found that MEDICARE has deemed our services medically unnecessary. That means that they are not covered services.

Since we do not accept insurance, you will be responsible for any fees. But in an effort to help you collect your benefits, **if you do have insurance that covers the type of Chiropractic care that we provide**, we will give you a statement with all of the necessary information on it so you can submit it for reimbursement. Please ask for clarification at the front desk if necessary.

Insurance is a contract between you and your insurance company. We are not a party to this contract, in most cases. We file insurance claims as a courtesy to our patients. We will not become involved in disputes between you and your insurance company regarding **deductibles, copayments, covered charges, secondary insurance, “usual and customary” charges, etc.**, other than to supply factual information as necessary. **You are responsible for timely payment of your account.**

### ***NEW PATIENT INFORMATION***

We will call to confirm the scheduled new patient appointment at least 24 hours in advance. If the patient is not able to be contacted, we ask that you, the patient, contact our office at 664-5281, and leave a message confirming or canceling the appointment. If the appointment is not confirmed or canceled, it will be filled that day on a priority basis, and billed at the rate of a normal new patient visit.

### ***MISSED APPOINTMENT***

Unless canceled at least 24 hours in advance, our policy is to charge for missed appointments at the rate of a normal office visit. Please help us serve you better by keeping scheduled appointments.

RESPONSIBLE PARTY SIGNATURE:\*\* \_\_\_\_\_

DATE: \_\_\_\_\_

\*\*You specifically agree that any electronic signatures that you provide through this online process are valid and enforceable as your legal signature acknowledge that these electronic signatures will legally bind you to the terms and conditions cont in the related documents just as if you had physically signed the same documents with a pen.

<b>APPOINTMENT REMINDERS AND HEALTH CARE INFORMATION AUTHORIZATION</b>
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Your chiropractor and members of the practice staff may need to use your name, address, phone number, and your clinical records to contact you with appointment reminders, information about treatment alternatives, or other health related information that may be of interest to you. If this contact is made by phone and you are not available, a message will be left on your answering machine or with the person answering the phone. By signing this form, you are giving us authorization to contact you with these reminders and information and to leave messages on your answering machine or with individuals at your home or place of employment.

You may restrict the individuals or organizations to which your health care information is released or you may revoke your authorization to us at any time; however, your revocation must be in writing and mailed to us at our office address. We will not be able to honor your revocation request if we have already released your health information before we receive your request to revoke your authorization. In addition, if you were required to give your authorization as a condition of obtaining insurance, the insurance company may have a right to your health information if they decide to contest any of your claims.

Information that we use or disclose based on the authorization you are giving us may be subject to re-disclosure by anyone who has access to the reminder or other information and may no longer be protected by the federal privacy rules.

You have the right to refuse to give us this authorization. If you do not give us authorization, it will not affect the treatment we provide to you or the methods we use to obtain reimbursement for your care.

You may inspect or copy the information that we use to contact you to provide appointment reminders, information about treatment alternatives, or other health related information at any time.

This notice is effective as of June 1st, 2018. This authorization will expire seven years after the date on which you last received services from us.

I authorize you to use or disclose my health information in the manner described above. I am also acknowledging that I have received a copy of this authorization.

---

Patient Name Printed

---

Date

---

Patient Signature\*\*

---

Authorized Provider Representative\*\*

---

Personal Representative Printed

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Personal Representative Signature\*\*

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Description of personal representative's authority to act for the patient.

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## Consent for Use or Disclosure of Health Information

### Our Privacy Policy (HIPPA Regulations)

We are very concerned with protecting your privacy. While the law requires us to give you this disclosure, please understand that we have, and always will, respect the privacy of your health information.

There are several circumstances in which we may have to use or disclose your health care information.

We may have to disclose your health information to another health care provider or a hospital if it is necessary to refer you to them for the diagnosis, assessment, or treatment of your health condition.

We may have to disclose your health information and billing records to another party if they are potentially responsible for the payment of your services.

We may need to use your health information within our practice for quality control or other operational purposes.

Along with this consent form, you will be given a copy of our privacy notice that describes our privacy policies in detail. You have the right to review that notice before you sign this consent form. We reserve the right to change our privacy practices as described in that notice. If we make a change to our privacy practices, we will notify you in writing when you come in for treatment or by mail.

#### Your right to limit uses or disclosures

You have the right to request that we do not disclose your health information to specific individuals, companies, or organizations. If you would like to place any restrictions on the use or disclosure of your health information, please let us know in writing. We are not required to agree to your restrictions. However, if we agree with your restrictions, the restriction is binding on us.

#### Your right to revoke your authorization

**You may revoke any of your authorizations at any time; however, your revocation must be in writing. We will not be able to honor your revocation request if we have already released your health information before we receive your request to revoke your authorization. If you were required to give your authorization as a condition of obtaining insurance, the insurance company may have a right to your health information if they decide to contest any of your claims.**

I have read your consent policy and agree to its terms. I am also acknowledging that I have received a copy of this consent form and a copy of your privacy notice (Notice of Privacy Practices for Protected Health Information).

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Authorized Provider Representative\*\*

\_\_\_\_\_  
Signature\*\*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\*\*You specifically agree that any electronic signatures that you provide through this online process are valid and enforceable as your legal signature acknowledge that these electronic signatures will legally bind you to the terms and conditions cont in the related documents just as if you had physically signed the same documents with a pen.

# HOGAN CHIROPRACTIC SERVICES

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

1 of 4

Wayne A. Hogan D.C.

P.O. Box 591

Mechanicville, NY 12118

( 518 ) 664-5281

Fax ( 518 ) 664-2106

## RAND 36-Item Short Form Health Survey

RAND Health | Surveys and Tools | Medical Outcomes Studies | [http://www.rand.org/health/surveys\\_tools/mos/mos\\_core\\_36item\\_survey.html](http://www.rand.org/health/surveys_tools/mos/mos_core_36item_survey.html)

1. In general, would you say your health is:	
Excellent	1
Very Good	2
Good	3
Fair	4
Poor	5

2. Compared to one year ago, how would you rate your health in general now?	
Much better now than one year ago	1
Somewhat better now than one year ago	2
About the same	3
Somewhat worse now than one year ago	4
Much worse than one year ago	5

The following items are about activities you might do during a typical day. **Does your health now limit you in these activities?** If so, how much?

**Choose One Number On Each Line**

	Yes, Limited a Lot	Yes, Limited a Little	No, Not Limited at All
3. <b>Vigorous Activities</b> , such as running, Lifting heavy objects, participating In strenuous sports	1	2	3
4. <b>Moderate activities</b> , such as moving a table, Pushing a vacuum cleaner, bowling, Or playing golf	1	2	3
5. Lifting or carrying groceries	1	2	3
6. Climbing <b>several</b> flights of stairs	1	2	3
7. Climbing <b>one</b> flight of stairs	1	2	3
8. Bending, Kneeling, or Stooping	1	2	3
9. Walking <b>more than a mile</b>	1	2	3
10. Walking <b>several blocks</b>	1	2	3
11. Walking <b>one block</b>	1	2	3
12. Bathing or dressing yourself	1	2	3

During the **past 4 weeks**, have you had any of the following problems with your work or other regular daily activities **as a result of your physical health?**

**Choose One Number On Each Line**

	Yes	No
13. Cut down the <b>amount of time</b> you spent on work or other activities	1	2
14. <b>Accomplished less</b> than you would like	1	2
15. Were limited in the <b>kind</b> of work or other activities	1	2
16. Had <b>difficulty</b> performing the work or other activities (for example, it took extra effort)	1	2

During the **past 4 weeks**, have you had any of the following problems with your work or other regular daily activities **as a result of any emotional problems** (such as feeling depressed or anxious)?

**Choose One Number On Each Line**

	Yes	No
17. Cut down the <b>amount of time</b> you spent on work or other activities	1	2
18. <b>Accomplished less</b> than you would like	1	2
19. Didn't do work or other activities as <b>carefully</b> as usual	1	2

20. During the **past 4 weeks**, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

**(Choose One Number)**

- Not at all      1
- Slightly        2
- Moderately    3
- Quite a bit     4
- Extremely      5

21. How much **bodily** pain have you had during the **past 4 weeks**?

**Choose One Number**

- None 1
- Very Mild 2
- Mild 3
- Moderate 4
- Severe 5
- Very Severe 6

22. During the **past 4 weeks** how much did **pain** interfere with your normal work (including both work outside the home and housework)?

**Choose One Number**

- Not at all 1
- A Little Bit 2
- Moderately 3
- Quite a bit 4
- Extremely 5

These questions are about how you feel and how things have been with you **during the past 4 weeks**. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the **past 4 weeks**...

**Choose One Number On Each Line**

	All of The Time	Most Of The Time	A Good Bit of The Time	Some Of The Time	A Little Of The Time	None of the Time
23. Did you feel full of pep?	1	2	3	4	5	6
24. Have you been a very nervous person?	1	2	3	4	5	6
25. Have you felt so down in the dumps that nothing could cheer you up?	1	2	3	4	5	6
26. Have you felt calm and peaceful?	1	2	3	4	5	6
27. Did you have a lot of energy?	1	2	3	4	5	6

Choose One Number On Each Line	All of The Time	Most Of The Time	A Good Bit of The Time	Some Of The Time	A Little Of The Time	None of the Time
28. Have you felt downhearted and blue?	1	2	3	4	5	6
29. Did you feel worn out?	1	2	3	4	5	6
30. Have you been a happy person?	1	2	3	4	5	6
31. Did you feel tired?	1	2	3	4	5	6

32. During the **past 4 weeks**, how much of the time has your **physical health or emotional problems** interfered with your social activities (like visiting with friends, relatives, etc.)?

**Choose One Number**

- All of the time      1  
Most of the time      2  
Some of the time      3  
A little of the time      4  
None of the time      5

How TRUE or FALSE is **each** of the following statements for you.

**Choose One Number On Each Line**

	Definitely True	Mostly True	Don't Know	Mostly False	Definitely False
33. I seem to get sick a little easier than other people	1	2	3	4	5
34. I am as healthy as anybody I know	1	2	3	4	5
35. I expect my health to get worse	1	2	3	4	5
36. My health is excellent	1	2	3	4	5

*Have you taken this survey through this office before?*

**NO      YES**

*IF YES - Have you had a new injury or illness since your last survey?*

**NO      YES**

*Date of onset:* \_\_\_\_\_ *Details of illness or injury:* \_\_\_\_\_  
\_\_\_\_\_



# HOGAN CHIROPRACTIC SERVICES

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Wayne A. Hogan D.C.  
P.O. Box 591  
Mechanicville, NY 12118  
(518) 664-5281

NAME \_\_\_\_\_ DATE \_\_\_\_\_

## Ion Cleanse Checklist

### INTRODUCTION

The IonCleanse is intended to support herbal, homeopathic, and vitamin detoxification protocols and procedures. Used properly, the *IonCleanse* provides a comfortable and relaxing way to rid the body of toxins without precipitating healing crises and Herkheimer's reactions

**CONTRAINDICATIONS :** Any person falling into one or more of the categories listed below should not use the *IonCleanse* **BEFORE** discussing with the doctor. Please check the appropriate box for each question.

Yes    No

**Do you wear a pacemaker or any other battery operated or electrical implant?**

**Are you on heartbeat regulating medication?**

**Are you an organ transplant recipient?**

**Are you taking any medication, the absence of which would mentally or physically incapacitate you, such as psychotic episodes, seizures, etc.**

The following recommendations should be strongly considered and discussed with the doctor:

Yes    No

**Are you taking medications that require that a blood level be maintained in order to be effective** (for example, blood pressure medication)?. Try to schedule your *IonCleanse* session just before the taking of a medication so that proper blood levels of medication can be maintained.

**Do you tend to have problems with low blood sugar?** If so, you should eat before receiving a session. The *IonCleanse* tends to lower blood sugar in diabetics and may do so with those who are hypoglycemic.

**Are you pregnant or breast-feeding?** Pregnant women and breast-feeding mothers are not routinely bathed in the *IonCleanse* because toxins will be mobilized from tissues and fats that **could** impair fetal development and **may** become part of the milk that is fed to a newborn infant. (**Note:** Pregnant and lactating women have used the *IonCleanse* without harm, but in general we recommend being on the safe side...)

**Do you have metal joint implants?** Most people with metal joint implants have had no trouble taking sessions with the *IonCleanse*. Some people have found the exposure to an electromagnetic field to be uncomfortable. In the event of discomfort, the session can be stopped immediately by removing feet from the water.

**Are you taking insulin for diabetes or on kidney dialysis?** In general, the *IonCleanse* can be used safely with dialysis patients, insulin-dependent diabetics, and in patients with congestive heart failure. Gentle detoxification will help the body to eliminate the toxins that the kidney and heart cannot eliminate on their own and will not interfere with medications or deplete insulin levels.

If you have special needs or concerns, we can contact the developer of this instrument to answer any questions not addressed here.

NAME \_\_\_\_\_

Date	Session #	Comments and Observations
	1	
	2	
	3	
	4	
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## **PRINTING this Document**

Use the **PRINT** button on the left to print your completed documents. Please bring these completed documents with you to your Initial Consultation.


## **SUBMITTING Your Form by Email**

Use the **SUBMIT** button on the right to email the completed form to our office. The button will allow you to choose your preference of email programs to use.

You will get an email response from us letting you know that we've received your file within 24 hours.

## **A Note Regarding Submitting Information by Email**

This is your confidential health information. There is a possibility that information included in an email can be intercepted and read by other parties besides the person or entity to whom it is addressed. We have taken every effort to safeguard your data.

**The Google email program  'Gmail' is HIPPA secure, and may be the best way to maintain your privacy when sending files over the Internet. Therefore, we recommend using Gmail when submitting your documents to us.**

If you are uncertain about anything, please contact our office at (518) 664-5281 for clarification.

Thank you!

In the event you have problems submitting the documents by email, **PRINT** them, fill them out, and bring the completed documents with you to your Initial Consultation.